

Early Resuscitation in Sepsis

Recognition of the importance of the role of early resuscitation of patients with septic shock gained momentum following the publication of the landmark Rivers et al study of Early Goal Directed Therapy in 2001. Subsequent multi-centre RCTs and an individual patient data meta-analysis did not confirm these findings. Recent studies have raised questions regarding the relative roles of fluids and vasopressors in the resuscitation of patients with septic shock. How should clinicians interpret these seemingly conflicting results? What is the optimal strategy for resuscitation of patients with septic shock?

This presentation will address these issues, providing some insights into this evolving field of Critical Care.