

How I ventilate an ARDS patient?

Acute respiratory distress syndrome (ARDS) continues to be a disease with high morbidity and mortality. Appropriate management of these patients isn't simply how we adjust the settings on the ventilator but expand the spectrum of sedation, fluid management, and prevention of associated complications. We will discuss the current evidence for best practice in prevention and management of ARDS. We will look closely at the data for potential harm with certain interventions and the benefit of others. Within the context of certain controversial issues, we will discuss practical approach to the management of our patients with ARDS across the full spectrum of disease severity.