

### **Do anabolic steroids have a role in recovery for critically ill patients?**

An important long-term complication of critical illness is significant weakness and its resulting functional impairment. One potential treatment may be to provide anabolic support in the recovery phase, especially as patients have decreased levels of anabolic hormones. This presentation will provide examples of when anabolic steroid supplementation may assist the clinicians in rehabilitating their patients who are still in the Intensive Care Unit. It will discuss patient selection, and the current supporting literature for anabolic supplementation in critically ill patients.