

## **Gender in Health and Medical Research**

The United Nations Sustainable Development Goal Number 5 is to achieve gender equality and to empower all women and girls. There is a lot to be done to achieve this. Two perspectives which are paramount to improving gender equality in critical care research include; 1) adopting a gendered approach to research undertaken in the ICU by identifying sex-differences and potential explanations for these differences as well as gender disparities and the possible sociocultural factors, including health system responses, which might account for these disparities and; 2) addressing challenges around gender balance in the critical care workforce. This talk will focus on the potential role for a program of sex-differences research for critically ill patients and how this could be imbedded into current research using ADRENAL as a case study. I will briefly explore the challenges around improving gender balance in the critical care workforce in the lead up to the panel discussion.